

OPEN AND DISTANCE LEARNING COURSE (ODL)

SCHEME OF EXAMINATION

DIPLOMA IN YOGA (D.Y.)

(w.e.f. JULY 2023)

SEMESTER - I

PART – A (THEORY)						
Paper No.	Paper Code	Name of Subjects	Max. Marks	Min. Pass Marks	Total Marks	Credits
I.	DY/I/A/01	Fundamentals of Yoga.	100	45	100	04
II.	DY/I/A/02	Foundation and Practices of Hatha Yoga.	100	45	100	04
III.	DY/I/A/03	Yoga and Health.	100	45	100	04
IV.	DY/I/A/04	Naturopathy.	100	45	100	04
TOTAL					400	16
PART – B (PRACTICALS)						
I.	DY/I/B/01	Case Study – I	150	68	150	04
II.	DY/I/B/02	Project – I	150	68	150	04
TOTAL					300	08
GRAND TOTAL					700	24

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SEMESTER - II

PART – A (THEORY)						
Paper No.	Paper Code	Name of Subjects	Max. Marks	Min. Pass Marks	Total Marks	Credits
I.	DY/II/A/01	Patanjali Yoga Sutra.	100	45	100	04
II.	DY/II/A/02	Applied Anatomy and Physiology.	100	45	100	04
III.	DY/II/A/03	Yoga and Mental Health.	100	45	100	04
IV.	DY/II/A/04	Alternate Therapy.	100	45	100	04
TOTAL					400	16
PART – B (PRACTICALS)						
I.	DY/II/B/01	Case Study – II	150	68	150	04
II.	DY/II/B/02	Project – II	150	68	150	04
TOTAL					300	08
GRAND TOTAL					700	24